



Warringah Amateur Swimming Association

Meet Programme

2016/17 Season

DATE	WARM UP	START	MEET	ENTRIES CLOSE
Saturday 17 September 2016	4.30 pm	5.00 pm	WASA PRE-SEASON MEET (WAC)	09/09/16
Saturday 26 November 2016	4.30 pm	5.00 pm	14 UNDER PENINSULA CHALLENGE (WAC)	18/11/16
Saturday 28 January 2017	2.30 pm	3.00 pm	HANDICAP MEET (FRESHWATER ROCK POOL)	20/01/17
Saturday 25 February 2017	4.30 pm	5.00 pm	JENNY OATES CHAMPIONSHIP MEET (WAC)	17/02/17
Saturday 18 March 2017	4.30 pm	5.00 pm	14 UNDER PENINSULA CHALLENGE (WAC)	10/03/17

GENERAL CONDITIONS

1. Meets will be conducted under the Rules of WASA. Any swimmer who does not swim in accordance with the Rules will be disqualified. A copy of the Rules can be found on the WASA website: <http://www.warringahswimming.asn.au/>
2. **Entry Fees**
Indoor Meets \$4.00 per individual event; \$8.00 per relay event.
Outdoor Meets \$2.00 per individual event; \$4.00 per relay event.
3. **Warringah Aquatic Centre Pool Admission Costs**
Swimmers: \$2.60 Spectators: \$3.10
4. **Closing Dates for Entries**
Entries close as per the dates above on the Online Entry System.
Entries without an entry time will not be accepted.
Late entries will not be accepted.
Please note club closing dates may differ to the entry dates above.
5. **Conditions of Entry**
 - A. Swimmers must be registered members of a WASA affiliated swimming club.
 - B. Open events are open to all swimmers who meet the qualifying time.
 - C. Where an event has a qualifying time, intending swimmers must have recorded a better time than the qualifying time set.
6. **Relay Condition of Entry**
 - A. A mixed relay team must comprise at least one male and one female.
 - B. At all meets, a club may enter a maximum of two relay teams per event.
 - C. A Relay Entry Form must be filled out and submitted to the Recording Desk as per the requirements of each Meet.

7. Determination of Age

Age as at the day of the meet.

8. Medals and Ribbons

Medals will be awarded to 1st, 2nd and 3rd place getters in each age group. At the Handicap Meet, medals will be awarded to the first three place getters in each final. Ribbons will be awarded to 1st, 2nd and 3rd teams in relays.

A participation ribbon will be awarded to all non-medallists in the 6/U year category who compete in a 25m event at Peninsula Challenge Meets.

Note: 6/U is one category and medals will only be awarded to the 1st, 2nd and 3rd place getters in this age category.

9. Records

WASA Records will be recognised by the award of Record Certificate.

For Record purposes, age is determined as at the day of the meet.

10. Point Scores

A. Points for each meet (except the Handicap Meet) will be as follows:

Place	Individual Events	Place	Relays
1st	8 points	1st	16 points
2nd	7 points	2nd	14 points
3rd	6 points	3rd	12 points
4th	5 points	4th	10 points
5th	4 points	5th	8 points
6th	3 points	6th	6 points
7th	2 points	7th	4 points
8th and greater	1 points	8th and greater	2 points

Where two or more swimmers (or teams) are placed equal, the appropriate points shall be allocated for that placing. The next numerical placing (and points) will be omitted.

Where a swimmer is disqualified, or does not achieve the qualifying time in an event with a qualifying time, no points will be awarded.

B. At the Handicap Meet, points will be as follows:

Place	Individual Events	Place	Relays
1st	8 points	1st	16 points
2nd	7 points	2nd	14 points
3rd	6 points	3rd	12 points
All other finalists	3 points		

Where a swimmer (or team) is disqualified, no points will be awarded.

11. Club Point Score

The Club Point Score will consist of points awarded for all events (as per 10A and 10B) during the season, with a Perpetual Trophy awarded to the champion club.

12. Perpetual Trophies

Will be awarded each year to the club with the highest points.

Meet	Trophy
Peninsula Challenge Meets 1 and 2	Curly Meakin Trophy
Handicap Meet	Isa Wye Memorial Trophy
Jenny Oates Championship Meet	Jenny Oates Memorial Trophy
Combined point score of the above three meets	Warringah Trophy

13. Age and Open Champions – Jenny Oates Championship Meet

Points will be awarded to swimmers in each 50 metre event they swim in. These points will count towards the Age Champion Point Score for 6/U, 7, 8, 9, 10, 11, 12, 13, 14, 15-29 and 30/O years.

Points will be awarded to swimmers in each open event in which they swim, and will count towards the Open Champion Point Score.

WARRINGAH AMATEUR SWIMMING ASSOCIATION

PRE-SEASON CARNIVAL

Saturday 17 September 2016

Warringah Aquatic Centre

Warm-Up: 4.30pm Start 5.00pm

Boys	Girls	Age Group	Event	Qualifying Time	Entry Time
1	2	6U-7	25m Freestyle		
3	4	8-10	50m Freestyle		
5	6	11-14	50m Freestyle		
7	8	6U-7	25m Backstroke		
9	10	8-10	50m Backstroke		
11	12	11-14	50m Backstroke		
13	14	6U-7	25m Breaststroke		
15	16	8-10	50m Breaststroke		
17	18	11-14	50m Breaststroke		
19	20	6U-7	25m Butterfly		
21	22	8-10	50m Butterfly		
23	24	11-14	50m Butterfly		
25	26	14/U	100m Freestyle	1:30.00 (B/G)	
27		8/U	4x25m Freestyle Relay		
28		10/U	4x50m Freestyle Relay		
29		12/U	4x50m Freestyle Relay		
30		14/U	4x50m Medley Relay		

Entry Details – include entry times in the table above.			
Name:		Club:	
DOB:	Age:	Gender:	
Club Closing Date:		WASA Closing Date: 9/9/16	

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams who do not submit a relay form will not be permitted to swim.

WARRINGAH AMATEUR SWIMMING ASSOCIATION

14 & UNDER PENINSULA CHALLENGE 1 MEET

Saturday 26 November 2016

Warringah Aquatic Centre

Warm-Up: 4.30pm Start 5.00pm

Males	Females	Age Group	Event	Qualifying Time	Entry Time
1	2	8-10	100m Individual Medley	2:00.00	
3	4	11-14	100m Individual Medley	1:35.00	
5	6	6/U-7	25m Freestyle		
7	8	8-10	50m Freestyle		
9	10	11-14	50m Freestyle		
11	12	6/U-7	25m Backstroke		
13	14	8-10	50m Backstroke		
15	16	11-14	50m Backstroke		
17		8/U	4x25m Freestyle Relay		
18		10/U	4x50m Freestyle Relay		
19	20	12-14	50m Butterfly		
21	22	10-11	50m Butterfly		
23	24	7-9	25m Butterfly		
25	26	12-14	50m Breaststroke		
27	28	10-11	50m Breaststroke		
29	30	7-9	25m Breaststroke		
31		12/U	4x50m Freestyle Relay		
32		14/U	4x50m Freestyle Relay		

Entry Details – include entry times in the table above.			
Name:		Club:	
DOB:	Age:	Gender:	
Club Closing Date:		WASA Closing Date: 18/11/16	

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for Events 23, 24, 29 and 30 is 7 years.

WARRINGAH AMATEUR SWIMMING ASSOCIATION

HANDICAP MEET

Saturday 28 January 2017

Freshwater Rock Pool

Warm-Up: 2.30pm Start 3.00pm

Event	Event		Entry Restrictions	Entry Time	BBB Stroke
1	15m Freestyle	Heats	Bubble swimmers allowed		N/A
2	25m Freestyle	Heats			N/A
3	15m Freestyle	Finals			N/A
4	25m Freestyle	Finals			N/A
5	50m Freestyle	Heats	Maximum entry time: 70 seconds		N/A
6	8x50m Club Relay	14/U			N/A
7	50m Freestyle	Finals			N/A
8	15m Back/Breast/Fly	Heats			
9	25m Back/Breast/Fly	Heats			
10	15m Back/Breast/Fly	Finals			
11	25m Back/Breast/Fly	Finals			
12	50m Back/Breast/Fly	Heats	Maximum entry time: 80 seconds		
13	8x50m Club Relay	Open	Maximum two teams per club		N/A
14	50m Back/Breast/Fly	Finals			

Entry Details – include entry times in the table above.

Name:		Club:
DOB:	Age:	Gender:
Club Closing Date:		WASA Closing Date: 20/01/17

RULES

1. Entry times must be in whole seconds, or minutes and whole seconds
2. For BBB events, the stroke must be indicated on the entry form. BBB Stroke column.
3. If a swimmer times two seconds faster than their entry time, the swimmer will be disqualified. Times slower than the entry time are acceptable.
4. Finals will be held for all individual events. 1st and 2nd place in each heat will automatically proceed to the Finals. Additional lanes in a final may be filled by swimmers who are best placed and have swum “best break times”.
 - Age as at the day of the meet.
 - Entry Fees: Individual events: \$2.00, Relay events \$4.00 per team.
 - Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 4.

WARRINGAH AMATEUR SWIMMING ASSOCIATION

JENNY OATES CHAMPIONSHIP MEET

Saturday 25 February 2017

Warringah Aquatic Centre

Warm-Up: 4.30pm Start 5.00pm

Males	Females	Age Group	Event	Qualifying Time	Entry Time
1	2	Open	100m Freestyle	1:25.00 (M), 1:30.00 (F)	
3	4	6/U-9	50m Backstroke		
5	6	10/11	50m Backstroke		
7	8	12/13	50m Breaststroke		
9	10	14-29	50m Breaststroke		
11	12	30 & Over	50m Breaststroke		
13	14	Open	100m Backstroke	1:35.00 (M), 1:40.00 (F)	
15	16	6/U-9	50m Freestyle		
17	18	10/11	50m Freestyle		
19	20	12/13	50m Butterfly		
21	22	14-29	50m Butterfly		
23	24	30 & Over	50m Butterfly		
25	26	Open	100m Breaststroke	1:45.00 (M), 1:50.00 (F)	
27	28	10/U	4x50m Freestyle Relay		
29	30	12/U	4x50m Freestyle Relay		
31	32	Open	4x50m Freestyle Relay		
33	34	7-9	50m Breaststroke		
35	36	10/11	50m Breaststroke		
37	38	Open	100m Butterfly	1:30.00 (M), 1:40.00 (F)	
39	40	12/13	50m Backstroke		
41	42	14-29	50m Backstroke		
43	44	30 & Over	50m Backstroke		
45	46	8/9	50m Butterfly		
47	48	10/11	50m Butterfly		
49	50	Open	200m Individual Medley	3:25.00 (M), 3:30.00 (F)	
51	52	12/13	50m Freestyle		
53	54	14-29	50m Freestyle		
55	56	30 & Over	50m Freestyle		

Entry Details – include entry times in the table above.			
Name:		Club:	
DOB:	Age:	Gender:	
Club Closing Date:		WASA Closing Date: 17/2/17	

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for Events 33 and 34 is 7 years, and Events 45 and 46 8 years.

WARRINGAH AMATEUR SWIMMING ASSOCIATION

14 & UNDER PENINSULA CHALLENGE 2 MEET

**Saturday 18 March 2017
Warringah Aquatic Centre
Warm-Up: 4.30pm Start 5.00pm**

Males	Females	Age Group	Event	Qualifying Time	Entry Time
1	2	8-10	100m Individual Medley	2:00.00 (M/F)	
3	4	11-14	100m Individual Medley	1:35.00 (M/F)	
5	6	6/U-7	25m Freestyle		
7	8	8-10	50m Freestyle		
9	10	11-14	50m Freestyle		
11	12	6/U-7	25m Backstroke		
13	14	8-10	50m Backstroke		
15	16	11-14	50m Backstroke		
17		8/U	4x25m Freestyle Relay		
18		10/U	4x50m Freestyle Relay		
19	20	12-14	50m Butterfly		
21	22	10-11	50m Butterfly		
23	24	7-9	25m Butterfly		
25	26	12-14	50m Breaststroke		
27	28	10-11	50m Breaststroke		
29	30	7-9	25m Breaststroke		
31		12/U	4x50m Freestyle Relay		
32		14/U	4x50m Freestyle Relay		

Entry Details – include entry times in the table above.	
Name:	Club:
DOB:	Gender:
Club Closing Date:	WASA Closing Date: 10/3/17

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for Events 23, 24, 29 and 30 is 7 years.