



## Warringah Amateur Swimming Association Inc

### HANDICAP MEET

Bilgola Rock Pool – 26 January 2019

**SWIMMERS MUST BE AWARE OF THE PROCEDURES LISTED BELOW.**

#### Warm-Up Procedure

**Warm-up commences at 8.30 am. Meet starts at 9.00am**

- In the Competition Pool, all lanes are strictly “NO DIVING”, with entry to the land “feet first from a sitting position”.
- Swimmers may only push “start”.
- Swimmers must KEEP LEFT at all times.

#### Marshalling Procedures – Instructions to swimmers:

- Obtain a program from the WASA website and check your name for each Event you entered.
- Note your Heat and Lane numbers.
- LISTEN to all announcements.
- In the Marshalling Area, swimmers are expected to LISTEN to the Marshals.
- Coaches and/or parents are NOT PERMITTED in the Marshalling Area. A representative from each Club is permitted in the Marshalling Area for relay events.
- Marshalling for the Individual events is at the ocean end of the pool, Marshalling for the Relay events is at the beach end of the pool

#### Important Notes:

- Swimmers must PAY ATTENTION to the Check Starter’s instructions and swim in the correct heat and lane. Failure to do this may incur disqualification.
- At the end of the race, swimmers must listen to the Referee’s signal and LEAVE THE WATER BY THE SIDE OF THE POOL.
- **Mixed relay teams:** must comprise of at least one male and one female swimmer.

#### Timekeeping Allocation (1 per lane):

Lane 1	Avalon Bilgola	Lane 5	Avalon Bilgola
Lane 2	Brook Withers	Lane 6	Narrabeen Lakes
Lane 3	Avalon Bilgola	Lane 7	Freshwater
Lane 4	Avalon Bilgola		

### Starting Instructions

- 1 When the swimmers have been placed behind the starting platforms, the Starter will announce the Event and Heat Number (eg, Event 5, Heat 2).
- 2 On the long whistle from the Referee/Starter, the swimmers will step to edge of the pool and remain there. For Backstroke events, swimmers shall immediately enter the water and at the second long whistle will return to the starting position at the wall.
- 3 On the Starter's command "Take your Marks", swimmers will immediately take up their starting positions with at least one foot at the front of the starting platform, or in the case of a Backstroke event, their starting position in the water.
- 4 When all swimmers are stationary, the Starter shall give the starting signal (GO).
- 5 Any swimmer starting before the starting signal has been given or their handicap has been called shall be disqualified. If the swimmer returns to the wall and restarts will not be disqualified.
- 6 Swimmers must finish in the lane in which they start and remain in the water in their lanes at the finish of the event. On the signal from the Referee/Judge, swimmers are to leave the water by the side of the pool.

### Disqualifications

A swimmer may be disqualified for:

- Starting before GO or their Handicap
- Stroke infractions
- **Swimming faster than their Entry time by more than 2 seconds**

### Other Info

Finals will be held for all individual events. 1st and 2nd place in each heat will automatically proceed to the Finals. Additional lanes in a final may be filled by swimmers who are best placed and have swum "best break times".

Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 4.

Results will be available on the WASA website after the meet

# WASA Handicap Meet Races Listing

Update - 24/1

Event: 1 - 15m Freestyle Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Goldie Gerlach	AB	40	0	F/S			
2	Josie Wellings	AB	33	7	F/S			
3	Edison Newcombe	AB	28	12	F/S			
4	Bowie Gamble	AB	27	13	F/S			

Event: 2 - 25m Freestyle Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Ava Byrnes	AB	62	0	F/S			
2	Marley Hook	AB	56	6	F/S			
3	Vaughn Newcombe	AB	54	8	F/S			
4	Alyssa Elliott	AB	45	17	F/S			
5	Austin Tranter	AB	44	18	F/S			
6	Joplin Gerlach	AB	36	26	F/S			
7	Gracie Bishop	F	33	29	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Kaia Lee	F	31	0	F/S			
2	Gemma Gamble	AB	31	0	F/S			
3	Luca Hiney	AB	31	0	F/S			
4	Macy Brown	AB	30	1	F/S			
5	Harvey Boon	AB	30	1	F/S			
6	Felix Frost	AB	30	1	F/S			

## Event: 3 - 15m Freestyle Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Goldie Gerlach	AB	40	0	F/S			
2	Josie Wellings	AB	33	7	F/S			
3	Edison Newcombe	AB	28	12	F/S			
4	Bowie Gamble	AB	27	13	F/S			

## Event: 4 - 25m Freestyle Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Grace Byrnes	AB	88	0	F/S			
2	Ada Tranter	AB	87	1	F/S			
3	Cameron Howard	NL	80	8	F/S			
4	Natasha Howard	NL	69	19	F/S			
5	Jai Wake	AB	68	20	F/S			
6	Quinn Wellings	AB	68	20	F/S			
7	Logan Wellings	AB	67	21	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Alex Kosack	NL	63	0	F/S			
2	Grace Peters	AB	62	1	F/S			
3	Sybella Boon	AB	61	2	F/S			
4	Iona Gamble	AB	61	2	F/S			
5	Max Lee	AB	58	5	F/S			
6	Nicole Vander Reyden	AB	58	5	F/S			
7	Joshua Halpin	BW	57	6	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Jake Kurtz	AB	57	0	F/S			
2	Pam Tate	AB	57	0	F/S			
3	James Howard	NL	57	0	F/S			
4	Charlie Brown	AB	56	1	F/S			
5	Harry Peters	AB	56	1	F/S			
6	Olivia Semos	BW	55	2	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Jennifer Michelson	AB	55	0	F/S			
2	Avalon Lee	F	53	2	F/S			
3	Debra Graham	NL	53	2	F/S			
4	Juno Gerlach	AB	52	3	F/S			
5	Mateo Hiney	AB	51	4	F/S			
6	Alison Raffin	AB	51	4	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Hugo Boon	AB	49	0	F/S			
2	Bianca Lee	AB	49	0	F/S			
3	Sam Kosack	NL	49	0	F/S			
4	Emily Riley	AB	47	2	F/S			
5	Luke Riley	AB	47	2	F/S			
6	Luke Moore	AB	47	2	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Emily Bishop	F	46	0	F/S			
2	Matilda Meek	AB	46	0	F/S			
3	Lee Anne Newcombe	AB	46	0	F/S			
4	Sophia Maurer	NB	45	1	F/S			
5	Blake Oberoi	F	45	1	F/S			
6	William Kurtz	AB	45	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Susan Marr	NL	45	0	F/S			
2	David Hawkins	AB	45	0	F/S			
3	Holly Ridley	ML	45	0	F/S			
4	Michelle Gamble	AB	44	1	F/S			
5	Michael Pek	NL	44	1	F/S			
6	Helen Rutledge	NL	44	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Jamie Blazejewski	AB	44	0	F/S			
2	Jess Arthur	AB	43	1	F/S			
3	Tilman Ahrens	AB	42	2	F/S			
4	Xavier Boon	AB	42	2	F/S			
5	Ophelia Odell	AB	42	2	F/S			
6	Melissa Wellings	AB	42	2	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Deborah Howard	NL	42	0	F/S			
2	Jaime Hamilton	BW	41	1	F/S			
3	Ruby Halpin	BW	41	1	F/S			
4	Tahli Elliott	AB	41	1	F/S			
5	Elizabeth Raffin	AB	41	1	F/S			
6	Markus Sampson	AB	41	1	F/S			



Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Jem Wake	AB	41	0	F/S			
2	Phileine Krabbe	BW	40	1	F/S			
3	Jesse Duke	BW	40	1	F/S			
4	Abby Cooper	AB	40	1	F/S			
5	Ruth Frost	AB	40	1	F/S			
6	Abby Emerson	NL	40	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Isabella Semos	BW	39	0	F/S			
2	Josh Leigh	AB	39	0	F/S			
3	Ciara Magee	ML	39	0	F/S			
4	Tom Shrivell	BW	38	1	F/S			
5	Lily Halpin	BW	38	1	F/S			
6	Krystal Elliott	AB	38	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Danielle Lee	AB	38	0	F/S			
2	Dave Mc Creery	AB	38	0	F/S			
3	Eloise Pugh	AB	38	0	F/S			
4	Orlando Moore	AB	38	0	F/S			
5	Joel Lever	AB	38	0	F/S			
6	Kai Dudley	F	37	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Joy Frost	AB	37	0	F/S			
2	Wilson Gamble	AB	37	0	F/S			
3	David Lee	AB	37	0	F/S			
4	Molly Molloy	AB	37	0	F/S			
5	Stephen Riley	AB	37	0	F/S			
6	Andrew Weeks	AB	37	0	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Molly Shrivell	BW	36	0	F/S			
2	Will Mc Creery	AB	36	0	F/S			
3	Siobhan Tranter	AB	36	0	F/S			
4	Daniella Grantham	BW	35	1	F/S			
5	Maddie Wark	F	35	1	F/S			
6	Katinka Hook	AB	35	1	F/S			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Tyler Bailey	AB	35	0	F/S			
2	Cain Byrnes	AB	34	1	F/S			
3	Daniel Elliott	AB	34	1	F/S			
4	Abby Laing	AB	34	1	F/S			
5	Jonathan Pugh	AB	34	1	F/S			
6	Reece Wake	AB	34	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 16

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Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Holly Graham	NL	34	0	F/S			
2	Tom Gerlach	AB	33	1	F/S			
3	Bianca Raffin	AB	33	1	F/S			
4	Jarrah Wake	AB	33	1	F/S			
5	Nils Ahrens	AB	32	2	F/S			
6	Michael Kurtz	AB	32	2	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 17

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Shawn Tranter	AB	32	0	F/S			
2	Samira Scull Saez	AB	31	1	F/S			
3	Digby Tarrant Hawkins	AB	31	1	F/S			
4	Corey Duke	BW	29	3	F/S			
5	Ashley Brown	AB	29	3	F/S			
6	Lucas Gamble	AB	28	4	F/S			

Event: 7 - 50m Freestyle Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 7 - 50m Freestyle Individual Final Race: 2

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 7 - 50m Freestyle Individual Final Race: 3

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Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 7 - 50m Freestyle Individual Final Race: 4

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 7 - 50m Freestyle Individual Final Race: 5

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 8 - 15m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Bowie Gamble	AB	42	0	BRS			
2	Josie Wellings	AB	40	2	BRS			
3	Austin Tranter	AB	35	7	BRS			
4	Edison Newcombe	AB	27	15	BRS			
5	Marley Hook	AB	26	16	BRS			

Event: 9 - 25m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Alyssa Elliott	AB	65	0	BCK			
2	Vaughn Newcombe	AB	60	5	BRS			
3	Cameron Howard	NL	54	11	BRS			
4	Gemma Gamble	AB	52	13	BRS			
5	Ada Tranter	AB	50	15	BRS			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Macy Brown	AB	44	0	BCK			
2	Joplin Gerlach	AB	42	2	BRS			
3	Luca Hiney	AB	41	3	BRS			
4	Kaia Lee	F	39	5	BRS			
5	Gracie Bishop	F	39	5	BCK			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Sybella Boon	AB	39	0	BFY			
2	Harvey Boon	AB	39	0	BFY			
3	Grace Peters	AB	31	8	BFY			
4	Max Lee	AB	30	9	BRS			
5	Avalon Lee	F	27	12	BFY			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Bowie Gamble	AB	42	0	BRS			
2	Josie Wellings	AB	40	2	BRS			
3	Austin Tranter	AB	35	7	BRS			
4	Edison Newcombe	AB	27	15	BRS			
5	Marley Hook	AB	26	16	BRS			

Event: 11 - 25m BBB Individual Final Race: 1

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Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
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Event: 12 - 50m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Natasha Howard	NL	108	0	BRS			
2	Juno Gerlach	AB	98	10	BRS			
3	Alex Kosack	NL	90	18	BRS			
4	Jai Wake	AB	88	20	BRS			
5	Logan Wellings	AB	86	22	BRS			
6	Jake Kurtz	AB	84	24	BRS			
7	Quinn Wellings	AB	82	26	BRS			

Event: 12 - 50m BBB Individual Heat Race: 2

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	William Kurtz	AB	79	0	BRS			
2	Nicole Vander Reyden	AB	78	1	BCK			
3	James Howard	NL	76	3	BRS			
4	Debra Graham	NL	72	7	BRS			
5	Charlie Brown	AB	70	9	BCK			
6	Mateo Hiney	AB	70	9	BCK			
7	Iona Gamble	AB	68	11	BCK			

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Josh Leigh	AB	68	0	BRS				
2	Luke Riley	AB	68	0	BCK				
3	Jamie Blazejewski	AB	68	0	BRS				
4	Joshua Halpin	BW	67	1	BCK				
5	Emily Riley	AB	66	2	BCK				
6	Hugo Boon	AB	65	3	BRS				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Matilda Meek	AB	65	0	BRS				
2	Harry Peters	AB	64	1	BRS				
3	Sophia Maurer	NB	63	2	BRS				
4	Bianca Lee	AB	63	2	BRS				
5	Jesse Duke	BW	62	3	BRS				
6	Blake Oberoi	F	61	4	BRS				



Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Alison Raffin	AB	61	0	BCK				
2	Sam Kosack	NL	61	0	BRS				
3	Susan Marr	NL	61	0	BRS				
4	Luke Moore	AB	61	0	BRS				
5	Xavier Boon	AB	60	1	BRS				
6	Deborah Howard	NL	60	1	BRS				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Jem Wake	AB	59	0	BCK				
2	David Hawkins	AB	59	0	BCK				
3	Holly Ridley	ML	58	1	BFY				
4	Tahli Elliott	AB	57	2	BRS				
5	Lee Anne Newcombe	AB	57	2	BRS				
6	Olivia Semos	BW	56	3	BCK				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Emily Bishop	F	56	0	BFY				
2	Jess Arthur	AB	56	0	BRS				
3	Abby Cooper	AB	56	0	BFY				
4	Katinka Hook	AB	56	0	BRS				
5	Joel Lever	AB	56	0	BRS				
6	Stephen Riley	AB	56	0	BRS				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Jaime Hamilton	BW	54	0	BCK				
2	Ruby Halpin	BW	54	0	BRS				
3	Michelle Gamble	AB	53	1	BRS				
4	Markus Sampson	AB	52	2	BRS				
5	Kari Browne	AB	51	3	BRS				
6	David Lee	AB	51	3	BCK				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Ophelia Odell	AB	51	0	BRS				
2	Holly Graham	NL	51	0	BRS				
3	Tom Shrivell	BW	50	1	BCK				
4	Eloise Pugh	AB	50	1	BRS				
5	Melissa Wellings	AB	50	1	BRS				
6	Abby Emerson	NL	50	1	BRS				

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Orlando Moore	AB	50	0	BRS				
2	Lily Halpin	BW	49	1	BRS				
3	Joy Frost	AB	49	1	BFY				
4	Molly Molloy	AB	49	1	BFY				
5	Elizabeth Raffin	AB	49	1	BRS				
6	Maddie Wark	F	48	2	BFY				

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Wilson Gamble	AB	48	0	BCK			
2	Tyler Bailey	AB	48	0	BFY			
3	Will Mc Creery	AB	48	0	BCK			
4	Molly Shrivell	BW	47	1	BCK			
5	Phileine Krabbe	BW	47	1	BCK			
6	Isabella Semos	BW	47	1	BCK			

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Ruth Frost	AB	47	0	BRS			
2	Andrew Weeks	AB	47	0	BRS			
3	Jonathan Pugh	AB	45	2	BRS			
4	Samira Scull Saez	AB	45	2	BRS			
5	Ashley Brown	AB	44	3	BCK			
6	Michael Kurtz	AB	44	3	BRS			

Event: 12 - 50m BBB Individual Heat Race: 13

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Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Kai Dudley	F	43	0	BFY				
2	Krystal Elliott	AB	43	0	BCK				
3	Daniel Elliott	AB	43	0	BRS				
4	Jarrah Wake	AB	43	0	BFY				
5	Danielle Lee	AB	42	1	BFY				
6	Daniella Grantham	BW	41	2	BFY				

Event: 12 - 50m BBB Individual Heat Race: 14

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Reece Wake	AB	40	0	BFY				
2	Bianca Raffin	AB	39	1	BCK				
3	Abby Laing	AB	38	2	BFY				
4	Digby Tarrant Hawkins	AB	35	5	BFY				
5	Corey Duke	BW	33	7	BFY				
6	Lucas Gamble	AB	33	7	BFY				

Event: 14 - 50m BBB Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
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Event: 14 - 50m BBB Individual Final Race: 2

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
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Event: 14 - 50m BBB Individual Final Race: 3

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<b>Lane</b>	<b>Entry</b>	<b>Club</b>	<b>Entry Time</b>	<b>HCP</b>	<b>Unofficial Time</b>	<b>Official Time</b>	<b>Official Place</b>	<b>DQ</b>
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Event: 14 - 50m BBB Individual Final Race: 4

<b>Lane</b>	<b>Entry</b>	<b>Club</b>	<b>Entry Time</b>	<b>HCP</b>	<b>Unofficial Time</b>	<b>Official Time</b>	<b>Official Place</b>	<b>DQ</b>
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