



# Warringah Amateur Swimming Association

## Meet Programme

### 2020/21 Season

| DATE                       | WARM UP | START   | MEET                                   | ENTRIES CLOSE |
|----------------------------|---------|---------|--|---------------|
| Saturday 21 November 2020  | 4.00 pm | 4.30 pm | PENINSULA CHALLENGE 1 (WAC)            | 17/11/20      |
| Saturday 30 January 2021   | 4.00 pm | 4.30 pm | HANDICAP MEET (Freshwater Rock Pool)   | 25/1/21       |
| Saturday 20 February 2021  | 4.00 pm | 4.30 pm | JENNY OATES CHAMPIONSHIP LC MEET (WAC) | 16/2/21       |
| Saturday 13 March 2021     | 4.00 pm | 4.30 pm | PENINSULA CHALLENGE 2 (WAC)            | 9/3/21        |
| Saturday 18 September 2021 | 4.00 pm | 4.30 pm | 2021 SPRING CARNIVAL (WAC)             | 14/9/21       |

#### GENERAL CONDITIONS

1. Meets will be conducted under the Rules of WASA. Any swimmer who does not swim in accordance with the Rules will be disqualified. A copy of the Rules can be found on the WASA website: <http://www.warringahswimming.asn.au/>
2. **Entry Fees**  
Indoor Meets           \$4.00 per individual event; \$8.00 per relay event.  
Outdoor Meets        \$2.00 per individual event; \$4.00 per relay event.
3. **Warringah Aquatic Centre Pool Admission Costs**  
Swimmers: \$2.80     Spectators: \$3.90
4. **Closing Dates for Entries**  
Entries close as per the dates above on the Online Entry System, by 9.00 pm.  
Entries without an entry time will not be accepted. Late entries will not be accepted.  
**Please note all entries must be submitted to your Club Race Secretary who will most likely require your entries earlier than the dates listed above.**
5. **Conditions of Entry**
  - A. Swimmers must be registered members of a WASA affiliated swimming club.
  - B. Open events are open to all swimmers who meet the qualifying time.
  - C. Where an event has a qualifying time, intending swimmers must have recorded a better time than the qualifying time set.
6. **Relay Condition of Entry**
  - A. A mixed relay team must comprise at least one male and one female.
  - B. At all meets, a club may enter a maximum of two relay teams per event.
  - C. A Relay Entry Form must be filled out and submitted to the Recording Desk as per the requirements of each Meet.
7. **Determination of Age**  
Age as at the day of the meet.

## 8. Medals and Ribbons

Medals will be awarded to 1st, 2nd and 3rd place getters in each age group. At the Handicap Meet, medals will be awarded to the first three place getters in each final. Ribbons will be awarded to 1st, 2nd and 3rd teams in relays.

A participation ribbon will be awarded to all non-medallists in the 6/U year category who compete in a 25m event at Peninsula Challenge Meets.

Note: 6/U is one category and medals will only be awarded to the 1st, 2nd and 3rd place getters in this age category.

## 9. Records

WASA Records will be recognised by the award of Record Certificate.

For Record purposes, age is determined as at the day of the meet.

## 10. Point Scores

A. Points for each meet (except the Handicap Meet) will be as follows:

| Place           | Individual Events | Place           | Relays    |
|-----------------|-------------------|-----------------|-----------|
| 1 <sup>st</sup> | 8 points          | 1st             | 16 points |
| 2 <sup>nd</sup> | 7 points          | 2nd             | 14 points |
| 3 <sup>rd</sup> | 6 points          | 3rd             | 12 points |
| 4 <sup>th</sup> | 5 points          | 4th             | 10 points |
| 5 <sup>th</sup> | 4 points          | 5th             | 8 points  |
| 6 <sup>th</sup> | 3 points          | 6th             | 6 points  |
| 7 <sup>th</sup> | 2 points          | 7th             | 4 points  |
| 8th and greater | 1 point           | 8th and greater | 2 points  |

Where two or more swimmers (or teams) are placed equal, the appropriate points shall be allocated for that placing. The next numerical placing (and points) will be omitted.

Where a swimmer is disqualified, or does not achieve the qualifying time in an event with a qualifying time, no points will be awarded.

B. At the Handicap Meet, points will be as follows:

| Place                       | Individual Finals | Place                       | Relays    |
|-----------------------------|-------------------|-----------------------------|-----------|
| 1 <sup>st</sup>             | 8 points          | 1st                         | 16 points |
| 2 <sup>nd</sup>             | 7 points          | 2nd                         | 14 points |
| 3 <sup>rd</sup>             | 6 points          | 3rd                         | 12 points |
| 4 <sup>th</sup>             | 5 points          | 4th                         | 10 points |
| 5 <sup>th</sup>             | 4 points          | 5th                         | 8 points  |
| 6 <sup>th</sup> and greater | 3 points          | 6 <sup>th</sup> and greater | 6 points  |

A swimmer will receive one point for each heat in which they compete.

Where a swimmer (or team) is disqualified, no points will be awarded.

## 11. Club Point Score

The Club Point Score will consist of points awarded for all events (as per 10A and 10B) during the season, with a Perpetual Trophy awarded to the champion club.

**12. Perpetual Trophies**

Will be awarded each year to the club with the highest points.

| <b>Meet</b>                       | <b>Trophy</b>               |
|-----------------------------------|-----------------------------|
| Peninsula Challenge Meets 1 and 2 | Curly Meakin Trophy         |
| Handicap Meet                     | Isa Wye Memorial Trophy     |
| Jenny Oates Championship Meet     | Jenny Oates Memorial Trophy |
| Combined point score of the above | Warringah Trophy            |

**13. Age and Open Champions – Jenny Oates Championship Meet**

Points will be awarded to swimmers in each 50 metre event they swim in. These points will count towards the Age Champion Point Score for 6/U, 7, 8, 9, 10, 11, 12, 13, 14, 15-29 and 30/O years.

Points will be awarded to swimmers in each open event in which they swim, and will count towards the Open Champion Point Score.

**WARRINGAH AMATEUR SWIMMING ASSOCIATION**

**PENINSULA CHALLENGE 1 (FIRST MEET OF THE 2020/21 SEASON)**

**21 November 2020 / Warringah Aquatic Centre / Warm-Up: 4.00 pm, Start 4.30 pm**

| <b>Males</b>   | <b>Females</b> | <b>Age Group</b> | <b>Event</b>                       | <b>Qualifying Time</b> | <b>Entry Time</b> |
|--|----------------|------------------|------------------------------------|------------------------|-------------------|
| 1  | 2              | 8-10             | 100m Individual Medley             | 1:55.00                |                   |
| 3  | 4              | 11-14            | 100m Individual Medley             | 1:30.00                |                   |
| 5  | 6              | 15/O             | 100m Individual Medley             | 1:25.00                |                   |
| 7  | 8              | 6/U-7            | 25m Freestyle                      |                        |                   |
| 9  | 10             | 8-10             | 50m Freestyle                      |                        |                   |
| 11   | 12             | 11-14            | 50m Freestyle                      |                        |                   |
| 13   | 14             | 15/O             | 50m Freestyle                      |                        |                   |
| 15   | 16             | 6/U-7            | 25m Backstroke                     |                        |                   |
| 17   | 18             | 8-10             | 50m Backstroke                     |                        |                   |
| 19   | 20             | 11-14            | 50m Backstroke                     |                        |                   |
| 21   | 22             | 15/O             | 50m Backstroke                     |                        |                   |
| 23   |                | 8/U              | 4x25m Freestyle Relay              |                        |                   |
| 24   |                | 10/U             | 4x50m Freestyle Relay              |                        |                   |
| 25   | 26             | 15/O             | 50m Butterfly                      |                        |                   |
| 27   | 28             | 12-14            | 50m Butterfly                      |                        |                   |
| 29   | 30             | 10-11            | 50m Butterfly                      |                        |                   |
| 31   | 32             | 7-9              | 25m Butterfly                      |                        |                   |
| 33   | 34             | 15/O             | 50m Breaststroke                   |                        |                   |
| 35   | 36             | 12-14            | 50m Breaststroke                   |                        |                   |
| 37   | 38             | 10-11            | 50m Breaststroke                   |                        |                   |
| 39   | 40             | 7-9              | 25m Breaststroke                   |                        |                   |
| 41   |                | 12/U             | 4x50m Freestyle Relay              |                        |                   |
| 42   |                | 14/U             | 4x50m Freestyle Relay              |                        |                   |
| 43   |                | OPEN             | 4x50 Freestyle Relay               |                        |                   |
| <b>Entry Details – include entry times in the table above.</b> |                |                  |                                    |                        |                   |
| <b>Name:</b>   |                |                  | <b>Club:</b>                       |                        |                   |
| <b>DOB:</b>  |                | <b>Age:</b>      |                                    | <b>Gender:</b>         |                   |
| <b>Club Closing Date:</b>                                      |                |                  | <b>WASA Closing Date: 17/11/20</b> |                        |                   |

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for 25m butterfly and breaststroke events is 7 years.

**PLEASE SUBMIT YOUR ENTRIES TO YOUR CLUB RACE SECRETARY IN ADVANCE OF THE CLOSING DATE LISTED ABOVE.**

# WARRINGAH AMATEUR SWIMMING ASSOCIATION

## HANDICAP MEET

**30 January 2021 / Freshwater Rock Pool / Warm-Up: 4.00 pm, Start 4.30 pm**

| Event | Event               |        | Entry Restrictions             | Entry Time | BBB Stroke |
|-------|---------------------|--------|--------------------------------|------------|------------|
| 1     | 15m Freestyle       | Heats  | Bubble swimmers allowed        |            | N/A        |
| 2     | 25m Freestyle       | Heats  |                                |            | N/A        |
| 3     | 15m Freestyle       | Finals |                                |            | N/A        |
| 4     | 25m Freestyle       | Finals |                                |            | N/A        |
| 5     | 50m Freestyle       | Heats  | Maximum entry time: 70 seconds |            | N/A        |
| 6     | 8x50m Club Relay    | 14/U   |                                |            | N/A        |
| 7     | 50m Freestyle       | Finals |                                |            | N/A        |
| 8     | 15m Back/Breast/Fly | Heats  |                                |            |            |
| 9     | 25m Back/Breast/Fly | Heats  |                                |            |            |
| 10    | 15m Back/Breast/Fly | Finals |                                |            |            |
| 11    | 25m Back/Breast/Fly | Finals |                                |            |            |
| 12    | 50m Back/Breast/Fly | Heats  | Maximum entry time: 80 seconds |            |            |
| 13    | 8x50m Club Relay    | Open   | Maximum two teams per club     |            | N/A        |
| 14    | 50m Back/Breast/Fly | Finals |                                |            |            |

|  |             |                                     |
|--|-------------|-------------------------------------|
| <b>Entry Details – include entry times in the table above.</b> |             |                                     |
| <b>Name:</b>   |             | <b>Club:</b>                        |
| <b>DOB:</b>  | <b>Age:</b> | <b>Gender:</b>                      |
| <b>Club Closing Date:</b>                                      |             | <b>WASA Closing Date: 25 Jan 21</b> |

### RULES

1. Entry times must be in whole seconds, or minutes and whole seconds
2. For BBB events, the stroke must be indicated on the entry form. BBB Stroke column.
3. If a swimmer times two seconds faster than their entry time, the swimmer will be disqualified. Times slower than the entry time are acceptable.
4. Finals will be held for all individual events. 1st and 2nd place in each heat will automatically proceed to the Finals. Additional lanes in a final may be filled by swimmers who are best placed and have swum “best break times”.
  - Age as at the day of the meet.
  - Entry Fees: Individual events: \$2.00, Relay events \$4.00 per team.
  - Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 4.

**PLEASE SUBMIT YOUR ENTRIES TO YOUR CLUB RACE SECRETARY IN ADVANCE OF THE CLOSING DATE LISTED ABOVE.**

**WARRINGAH AMATEUR SWIMMING ASSOCIATION  
JENNY OATES MEMORIAL CHAMPIONSHIP LONG COURSE MEET**

**20 February 2021 / Warringah Aquatic Centre / Warm-Up: 4.00 pm, Start 4.30 pm**

| Males | Females | Age Group | Event                  | Qualifying Time          | Entry Time |
|-------|---------|-----------|------------------------|--------------------------|------------|
| 1     | 2       | Open      | 100m Freestyle         | 1:25.00 (M), 1:30.00 (F) |            |
| 3     | 4       | 6/U-9     | 50m Backstroke         |                          |            |
| 5     | 6       | 10/11     | 50m Backstroke         |                          |            |
| 7     | 8       | 12/13     | 50m Breaststroke       |                          |            |
| 9     | 10      | 14-29     | 50m Breaststroke       |                          |            |
| 11    | 12      | 30 & Over | 50m Breaststroke       |                          |            |
| 13    | 14      | Open      | 100m Backstroke        | 1:35.00 (M), 1:40.00 (F) |            |
| 15    | 16      | 6/U-9     | 50m Freestyle          |                          |            |
| 17    | 18      | 10/11     | 50m Freestyle          |                          |            |
| 19    | 20      | 12/13     | 50m Butterfly          |                          |            |
| 21    | 22      | 14-29     | 50m Butterfly          |                          |            |
| 23    | 24      | 30 & Over | 50m Butterfly          |                          |            |
| 25    | 26      | Open      | 100m Breaststroke      | 1:45.00 (M), 1:50.00 (F) |            |
| 27    | 28      | 10/U      | 4x50m Freestyle Relay  |                          |            |
| 29    | 30      | 12/U      | 4x50m Freestyle Relay  |                          |            |
| 31    | 32      | Open      | 4x50m Freestyle Relay  |                          |            |
| 33    | 34      | 7-9       | 50m Breaststroke       |                          |            |
| 35    | 36      | 10/11     | 50m Breaststroke       |                          |            |
| 37    | 38      | Open      | 100m Butterfly         | 1:30.00 (M), 1:40.00 (F) |            |
| 39    | 40      | 12/13     | 50m Backstroke         |                          |            |
| 41    | 42      | 14-29     | 50m Backstroke         |                          |            |
| 43    | 44      | 30 & Over | 50m Backstroke         |                          |            |
| 45    | 46      | 8/9       | 50m Butterfly          |                          |            |
| 47    | 48      | 10/11     | 50m Butterfly          |                          |            |
| 49    | 50      | Open      | 200m Individual Medley | 3:25.00 (M), 3:30.00 (F) |            |
| 51    | 52      | 12/13     | 50m Freestyle          |                          |            |
| 53    | 54      | 14-29     | 50m Freestyle          |                          |            |
| 55    | 56      | 30 & Over | 50m Freestyle          |                          |            |

|  |             |                                   |  |
|--|-------------|-----------------------------------|--|
| <b>Entry Details – include entry times in the table above.</b> |             |                                   |  |
| <b>Name:</b>   |             | <b>Club:</b>                      |  |
| <b>DOB:</b>  | <b>Age:</b> | <b>Gender:</b>                    |  |
| <b>Club Closing Date:</b>                                      |             | <b>WASA Closing Date: 16/2/21</b> |  |

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for Events 33 and 34 is 7 years, and Events 45 and 46 is 8 years.

**PLEASE SUBMIT YOUR ENTRIES TO YOUR CLUB RACE SECRETARY IN ADVANCE OF THE CLOSING DATE LISTED ABOVE.**

**WARRINGAH AMATEUR SWIMMING ASSOCIATION**

**PENINSULA CHALLENGE 2**

**13 March 2021 / Warringah Aquatic Centre / Warm-Up: 4.00 pm, Start 4.30 pm**

| <b>Males</b> | <b>Females</b> | <b>Age Group</b> | <b>Event</b>           | <b>Qualifying Time</b> | <b>Entry Time</b> |
|--------------|----------------|------------------|------------------------|------------------------|-------------------|
| 1            | 2              | 8-10             | 100m Individual Medley | 1:55.00                |                   |
| 3            | 4              | 11-14            | 100m Individual Medley | 1:30.00                |                   |
| 5            | 6              | 15/O             | 100m Individual Medley | 1:25.00                |                   |
| 7            | 8              | 6/U-7            | 25m Freestyle          |                        |                   |
| 9            | 10             | 8-10             | 50m Freestyle          |                        |                   |
| 11           | 12             | 11-14            | 50m Freestyle          |                        |                   |
| 13           | 14             | 15/O             | 50m Freestyle          |                        |                   |
| 15           | 16             | 6/U-7            | 25m Backstroke         |                        |                   |
| 17           | 18             | 8-10             | 50m Backstroke         |                        |                   |
| 19           | 20             | 11-14            | 50m Backstroke         |                        |                   |
| 21           | 22             | 15/O             | 50m Backstroke         |                        |                   |
| 23           |                | 8/U              | 4x25m Freestyle Relay  |                        |                   |
| 24           |                | 10/U             | 4x50m Freestyle Relay  |                        |                   |
| 25           | 26             | 15/O             | 50m Butterfly          |                        |                   |
| 27           | 28             | 12-14            | 50m Butterfly          |                        |                   |
| 29           | 30             | 10-11            | 50m Butterfly          |                        |                   |
| 31           | 32             | 7-9              | 25m Butterfly          |                        |                   |
| 33           | 34             | 15/O             | 50m Breaststroke       |                        |                   |
| 35           | 36             | 12-14            | 50m Breaststroke       |                        |                   |
| 37           | 38             | 10-11            | 50m Breaststroke       |                        |                   |
| 39           | 40             | 7-9              | 25m Breaststroke       |                        |                   |
| 41           |                | 12/U             | 4x50m Freestyle Relay  |                        |                   |
| 42           |                | 14/U             | 4x50m Freestyle Relay  |                        |                   |
| 43           |                | OPEN             | 4x50 Freestyle Relay   |                        |                   |

|  |             |                                  |  |
|--|-------------|----------------------------------|--|
| <b>Entry Details – include entry times in the table above.</b> |             |                                  |  |
| <b>Name:</b>   |             | <b>Club:</b>                     |  |
| <b>DOB:</b>  | <b>Age:</b> | <b>Gender:</b>                   |  |
| <b>Club Closing Date:</b>                                      |             | <b>WASA Closing Date: 9/3/21</b> |  |

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams which do not submit a relay form will not be permitted to swim.
- The minimum age for 25m butterfly and breaststroke events is 7 years.

**PLEASE SUBMIT YOUR ENTRIES TO YOUR CLUB RACE SECRETARY IN ADVANCE OF THE CLOSING DATE LISTED ABOVE.**

**WARRINGAH AMATEUR SWIMMING ASSOCIATION**

**2020 SPRING CARNIVAL (FINAL MEET OF THE 2020/21 SEASON)**

**18 September 2021 / Warringah Aquatic Centre / Warm-Up: 4.00 pm, Start 4.30 pm**

| Boys | Girls | Age Group | Event                 | Qualifying Time | Entry Time |
|------|-------|-----------|-----------------------|-----------------|------------|
| 1    | 2     | 6U-7      | 25m Freestyle         |                 |            |
| 3    | 4     | 8-10      | 50m Freestyle         |                 |            |
| 5    | 6     | 11-14     | 50m Freestyle         |                 |            |
| 7    | 8     | 6U-7      | 25m Backstroke        |                 |            |
| 9    | 10    | 8-10      | 50m Backstroke        |                 |            |
| 11   | 12    | 11-14     | 50m Backstroke        |                 |            |
| 13   | 14    | 6U-7      | 25m Breaststroke      |                 |            |
| 15   | 16    | 8-10      | 50m Breaststroke      |                 |            |
| 17   | 18    | 11-14     | 50m Breaststroke      |                 |            |
| 19   | 20    | 6U-7      | 25m Butterfly         |                 |            |
| 21   | 22    | 8-10      | 50m Butterfly         |                 |            |
| 23   | 24    | 11-14     | 50m Butterfly         |                 |            |
| 25   | 26    | 14/U      | 100m Freestyle        | 1:30.00 (B/G)   |            |
| 27   |       | 8/U       | 4x25m Freestyle Relay |                 |            |
| 28   |       | 10/U      | 4x50m Freestyle Relay |                 |            |
| 29   |       | 12/U      | 4x50m Freestyle Relay |                 |            |
| 30   |       | 14/U      | 4x50m Freestyle Relay |                 |            |

|  |             |                                   |  |
|--|-------------|-----------------------------------|--|
| <b>Entry Details – include entry times in the table above.</b> |             |                                   |  |
| <b>Name:</b>   |             | <b>Club:</b>                      |  |
| <b>DOB:</b>  | <b>Age:</b> | <b>Gender:</b>                    |  |
| <b>Club Closing Date:</b>                                      |             | <b>WASA Closing Date: 14/9/21</b> |  |

- Age as at the date of the meet.
- Entry Fees: Individual events: \$4.00, Relay events \$8.00 per team.
- Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 10. Teams who do not submit a relay form will not be permitted to swim.

**PLEASE SUBMIT YOUR ENTRIES TO YOUR CLUB RACE SECRETARY IN ADVANCE OF THE CLOSING DATE LISTED ABOVE.**