



Warringah Amateur Swimming Association Inc

HANDICAP MEET

Collaroy Rock Pool – 30 January 2022

SWIMMERS MUST BE AWARE OF THE PROCEDURES LISTED BELOW.

Warm-Up Procedure

Warm-up commences at 2.30 pm. Meet starts at 3.00pm

- In the Competition Pool, all lanes are strictly “NO DIVING”, with entry to the lane “feet first from a sitting position”.
- Swimmers may only push “start”.
- Swimmers must KEEP LEFT at all times.

Marshalling Procedures – Instructions to swimmers:

- Obtain a program from the WASA website and check your name for each Event you entered.
- Note your Heat and Lane numbers.
- LISTEN to all announcements.
- In the Marshalling Area, swimmers are expected to LISTEN to the Marshals.
- Coaches and/or parents are NOT PERMITTED in the Marshalling Area. A representative from each Club is permitted in the Marshalling Area for relay events.
- Marshalling for the Individual events is at the Long Reef end of the pool, Marshalling for the Relay events is at the beach end of the pool

Important Notes:

- Swimmers must PAY ATTENTION to the Check Starter’s instructions and swim in the correct heat and lane. Failure to do this may incur disqualification.
- At the end of the race, swimmers must listen to the Referee’s signal and LEAVE THE WATER BY THE SIDE OF THE POOL.
- **Mixed relay teams:** must comprise of at least one male and one female swimmer.

Timekeeping Allocation (1 per lane):

Lane 1	Avalon Bilgola	Lane 5	Northern Beaches
Lane 2	Avalon Bilgola	Lane 6	Northern Beaches
Lane 3	Collaroy	Lane 7	Freshwater/Manly Ladies/Curl Curl
Lane 4	Narrabeen Lakes		

Starting Instructions

- 1 When the swimmers have been placed behind the starting platforms, the Starter will announce the Event and Heat Number (eg, Event 5, Heat 2).
- 2 On the long whistle from the Referee/Starter, the swimmers will step to edge of the pool and remain there. For Backstroke events, swimmers shall immediately enter the water and at the second long whistle will return to the starting position at the wall.
- 3 On the Starter's command "Take your Marks", swimmers will immediately take up their starting positions with at least one foot at the front of the starting platform, or in the case of a Backstroke event, their starting position in the water.
- 4 When all swimmers are stationary, the Starter shall give the starting signal (GO).
- 5 Any swimmer starting before the starting signal has been given or their handicap has been called shall be disqualified. If the swimmer returns to the wall and restarts will not be disqualified.
- 6 Swimmers must finish in the lane in which they start and remain in the water in their lanes at the finish of the event. On the signal from the Referee/Judge, swimmers are to leave the water by the side of the pool.

Disqualifications

A swimmer may be disqualified for:

- Starting before GO or their Handicap
- Stroke infractions
- **Swimming faster than their Entry time by more than 2 seconds**

Other Info

Finals will be held for all individual events. 1st and 2nd place in each heat will automatically proceed to the Finals. Additional lanes in a final may be filled by swimmers who are best placed and have swum "best break times".

Relay forms are to be collected from the Recording Desk, completed and returned to the Recording Desk before the conclusion of Event 4.

Results will be available on the WASA website after the meet

WASA Handicap Meet Races Listing

Event: 1 - 15m Freestyle Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Elsie Miller	NB	23	0	F/S				
2	Louis Newton	NB	22	1	F/S				
3	Tobias Potter	CC	17	6	F/S				

Event: 2 - 25m Freestyle Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Lachie Mac Donald	NB	37	0	F/S				
2	Hudson Miles	F	31	6	F/S				
3	Brody Shepherd	ML	30	7	F/S				
4	Georgia Hatch	COL	26	11	F/S				

Event: 2 - 25m Freestyle Individual Heat Race: 2

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Abbie Mackenzie	NB	25	0	F/S				
2	Max Newton	NB	24	1	F/S				
3	Anton Woodley	COL	22	3	F/S				
4	Belle Gower	NB	20	5	F/S				

Event: 3 - 15m Freestyle Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Elsie Miller	NB	23	0	F/S			
2	Louis Newton	NB	22	1	F/S			
3	Tobias Potter	CC	17	6	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Evie Russell	AB	72	0	F/S			
2	Rueben Van Den Berg	NL	70	2	F/S			
3	Benjamin Ling	AB	70	2	F/S			
4	Holly Mildwater	ML	70	2	F/S			
5	Aubrey Miller	NB	70	2	F/S			
6	Oska Donnelly	AB	69	3	F/S			
7	Bowie Gamble	AB	68	4	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 2

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Cameron Howard	NL	63	0	F/S			
2	Bronte Church	COL	62	1	F/S			
3	Evie Newton	NB	62	1	F/S			
4	Liam Durkin	NB	61	2	F/S			
5	Daisy Miles	F	60	3	F/S			
6	Willow Mac Donald	NB	57	6	F/S			
7	Nicole Vander Reyden	AB	55	8	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 3

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Debra Graham	NL	54	0	F/S			
2	Jj Ranatawake	NB	53	1	F/S			
3	Elisa Van Den Berg	NL	52	2	F/S			
4	Tatum Hegarty	AB	52	2	F/S			
5	Noah Newton	NB	52	2	F/S			
6	Gemma Gamble	AB	51	3	F/S			
7	Andrea Cartwright	NB	51	3	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 4

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Helen Denton	COL	50	0	F/S			
2	Jack Kemp	F	50	0	F/S			
3	Jordan Potter	CC	50	0	F/S			
4	Tida Dhanommitrapap	COL	49	1	F/S			
5	Isabelle Gina	ML	49	1	F/S			
6	Mischa Woodley	COL	48	2	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 5

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Nicole Gillmer	COL	48	0	F/S			
2	Alyssa Elliott	AB	48	0	F/S			
3	Frankie Davis	AB	48	0	F/S			
4	Maiia Salbieva	COL	46	2	F/S			
5	Guy Williams	COL	46	2	F/S			
6	Helen Pek	NL	46	2	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 6

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Sally Raymond	NL	46	0	F/S			
2	Joseph Moore	ML	46	0	F/S			
3	Charlotte Hatch	COL	45	1	F/S			
4	Kate Strickland	F	45	1	F/S			
5	James Ling	AB	45	1	F/S			
6	Kurt Harvey	NB	45	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 7

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Matilda Cartwright	NB	45	0	F/S			
2	Sharri Boucher	NL	44	1	F/S			
3	Michael Pek	NL	44	1	F/S			
4	Michelle Gamble	AB	44	1	F/S			
5	Claudia Strickland	F	43	2	F/S			
6	Charli Gower	NB	43	2	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 8

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Keavy Mc Grath	NB	43	0	F/S			
2	Jasmyn Denton	COL	42	1	F/S			
3	Charlotte Church	COL	42	1	F/S			
4	Emily Audet	NL	42	1	F/S			
5	Deborah Howard	NL	42	1	F/S			
6	Max Lee	AB	42	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 9

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Nate Shepherd	ML	42	0	F/S			
2	Ciara Denton	COL	41	1	F/S			
3	Annabelle Matthews	COL	41	1	F/S			
4	Campbell Ward	COL	41	1	F/S			
5	Piper O'sullivan	F	41	1	F/S			
6	Sam Kosack	NL	41	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 10

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	David Lee	AB	40	0	F/S			
2	Willlow Davis	AB	40	0	F/S			
3	Paige Davis	AB	39	1	F/S			
4	Bianca Lee	AB	39	1	F/S			
5	Danielle Lee	AB	39	1	F/S			
6	Elisha Durkin	NB	39	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 11

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Hannah Bennett	NL	38	0	F/S			
2	Imogen Moore	ML	38	0	F/S			
3	Sean Killworth	COL	37	1	F/S			
4	Alana Cheetham	COL	37	1	F/S			
5	Jodie Bennett	NL	37	1	F/S			
6	Heidi Harvey	NB	37	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 12

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Ania Mork	NB	37	0	F/S			
2	Caitlin Potter	CC	37	0	F/S			
3	Lucy Kemp	F	36	1	F/S			
4	Makenzie Pedersen	AB	36	1	F/S			
5	Sebastian Stevens	AB	36	1	F/S			
6	Amanda Gower	NB	36	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 13

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Max Cheetham	COL	35	0	F/S			
2	Deborah Collins	AB	35	0	F/S			
3	Malcolm Mac Donald	NB	35	0	F/S			
4	Daniel Elliott	AB	34	1	F/S			
5	James Gower	NB	34	1	F/S			
6	Alexis Harvey	NB	34	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 14

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Brigette Mozes	NB	34	0	F/S			
2	Alex Newton	NB	34	0	F/S			
3	Andrew Ling	AB	34	0	F/S			
4	Tahli Elliott	AB	33	1	F/S			
5	Luke Russell	AB	33	1	F/S			
6	Will Mc Creery	AB	33	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 15

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Richard Vander Reyden	AB	33	0	F/S			
2	Molly Molloy	AB	33	0	F/S			
3	Ophelia Odell	AB	33	0	F/S			
4	Eve Harvey	NB	33	0	F/S			
5	Charlotte Ward	COL	32	1	F/S			
6	Hudson Hegarty	AB	32	1	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 16

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Andrew Newton	NB	32	0	F/S			
2	Krystal Elliott	AB	31	1	F/S			
3	Lucas Gamble	AB	31	1	F/S			
4	Ben Davis	AB	31	1	F/S			
5	Zara Durkin	NB	31	1	F/S			
6	Riley Love	COL	30	2	F/S			

Event: 5 - 50m Freestyle Individual Heat Race: 17

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Connor Ward	COL	30	0	F/S			
2	Makayla Pedersen	AB	30	0	F/S			
3	Peta Miller	NB	30	0	F/S			
4	Phil Cartwright	NB	29	1	F/S			
5	Mark Newton	NB	29	1	F/S			
6	Shane Harvey	NB	27	3	F/S			

Event: 8 - 15m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Elsie Miller	NB	28	0	BCK			

Event: 9 - 25m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Aubrey Miller	NB	50	0	BCK			
2	Brody Shepherd	ML	48	2	BRS			
3	Holly Mildwater	ML	45	5	BCK			
4	Oska Donnelly	AB	42	8	BRS			
5	Evie Russell	AB	37	13	BCK			
6	Georgia Hatch	COL	35	15	BCK			

Event: 9 - 25m BBB Individual Heat Race: 2

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Belle Gower	NB	35	0	BRS			
2	Bronte Church	COL	34	1	BRS			
3	Isabelle Gina	ML	34	1	BRS			
4	Mischa Woodley	COL	33	2	BRS			
5	Bowie Gamble	AB	32	3	BCK			

Event: 9 - 25m BBB Individual Heat Race: 3

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Abbie Mackenzie	NB	31	0	BCK			
2	Anton Woodley	COL	30	1	BCK			
3	Hudson Miles	F	29	2	BCK			
4	Liam Durkin	NB	28	3	BCK			
5	Maiia Salbieva	COL	19	12	BFY			

Event: 10 - 15m BBB Individual Final Race: 1

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Elsie Miller	NB	28	0	BCK				

Event: 12 - 50m BBB Individual Heat Race: 1

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Benjamin Ling	AB	82	0	BRS				
2	Daisy Miles	F	80	2	BRS				
3	Cameron Howard	NL	80	2	BRS				
4	Rueben Van Den Berg	NL	80	2	BRS				
5	Jack Kemp	F	75	7	BRS				
6	Elisa Van Den Berg	NL	75	7	BRS				

Event: 12 - 50m BBB Individual Heat Race: 2

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Debra Graham	NL	72	0	BRS				
2	Keavy Mc Grath	NB	71	1	BRS				
3	Charlotte Hatch	COL	70	2	BRS				
4	Alyssa Elliott	AB	70	2	BCK				
5	Willow Mac Donald	NB	69	3	BCK				
6	Nicole Gillmer	COL	67	5	BRS				

Event: 12 - 50m BBB Individual Heat Race: 3

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Frankie Davis	AB	66	0	BRS				
2	Tida Dhanommitrapap	COL	65	1	BRS				
3	Helen Denton	COL	65	1	BRS				
4	Evie Newton	NB	65	1	BCK				
5	Gemma Gamble	AB	64	2	BCK				
6	Nicole Vander Reyden	AB	64	2	BRS				

Event: 12 - 50m BBB Individual Heat Race: 4

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Noah Newton	NB	63	0	BCK				
2	Piper O'sullivan	F	62	1	BRS				
3	Tatum Hegarty	AB	62	1	BRS				
4	Joseph Moore	ML	62	1	BCK				
5	Deborah Howard	NL	61	2	BCK				
6	Jj Ranatawake	NB	61	2	BCK				

Event: 12 - 50m BBB Individual Heat Race: 5

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Andrea Cartwright	NB	61	0	BCK			
2	Campbell Ward	COL	60	1	BRS			
3	Jordan Potter	CC	60	1	BCK			
4	Matilda Cartwright	NB	60	1	BRS			
5	Sharri Boucher	NL	58	3	BCK			
6	Sally Raymond	NL	58	3	BCK			

Event: 12 - 50m BBB Individual Heat Race: 6

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Sam Kosack	NL	57	0	BRS			
2	Willow Davis	AB	57	0	BRS			
3	Imogen Moore	ML	57	0	BRS			
4	Hannah Bennett	NL	56	1	BRS			
5	Helen Pek	NL	55	2	BCK			
6	Kurt Harvey	NB	55	2	BFY			

Event: 12 - 50m BBB Individual Heat Race: 7

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Nate Shepherd	ML	54	0	BCK			
2	Claudia Strickland	F	53	1	BCK			
3	Michelle Gamble	AB	53	1	BRS			
4	Elisha Durkin	NB	53	1	BRS			
5	Alana Cheetham	COL	52	2	BRS			
6	Max Cheetham	COL	52	2	BRS			

Event: 12 - 50m BBB Individual Heat Race: 8

Lane	Entry	Club	Entry Time	HCP	Unofficial Time	Official Time	Official Place	DQ
1	Jasmyn Denton	COL	51	0	BCK			
2	Makenzie Pedersen	AB	51	0	BRS			
3	Ciara Denton	COL	50	1	BCK			
4	Charli Gower	NB	50	1	BCK			
5	Charlotte Church	COL	48	3	BRS			
6	Lucy Kemp	F	48	3	BCK			

Event: 12 - 50m BBB Individual Heat Race: 9

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Paige Davis	AB	48	0	BFY				
2	Brigette Mozes	NB	48	0	BRS				
3	Caitlin Potter	CC	48	0	BRS				
4	Annabelle Matthews	COL	47	1	BCK				
5	Will Mc Creery	AB	47	1	BCK				
6	James Ling	AB	47	1	BFY				

Event: 12 - 50m BBB Individual Heat Race: 10

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Heidi Harvey	NB	47	0	BCK				
2	Daniel Elliott	AB	46	1	BRS				
3	Deborah Collins	AB	46	1	BRS				
4	Alexis Harvey	NB	46	1	BRS				
5	Emily Audet	NL	45	2	BFY				
6	Ania Mork	NB	45	2	BCK				

Event: 12 - 50m BBB Individual Heat Race: 11

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Jodie Bennett	NL	44	0	BFY				
2	Alex Newton	NB	44	0	BCK				
3	Andrew Ling	AB	44	0	BRS				
4	Ben Davis	AB	43	1	BRS				
5	Bianca Lee	AB	43	1	BFY				
6	Danielle Lee	AB	43	1	BFY				

Event: 12 - 50m BBB Individual Heat Race: 12

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Richard Vander Reyden	AB	43	0	BRS				
2	Ophelia Odell	AB	43	0	BRS				
3	Sebastian Stevens	AB	43	0	BRS				
4	Riley Love	COL	40	3	BFY				
5	Charlotte Ward	COL	40	3	BCK				

Event: 12 - 50m BBB Individual Heat Race: 13

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Tahli Elliott	AB	40	0	BFY				
2	Luke Russell	AB	38	2	BFY				
3	Molly Molloy	AB	38	2	BFY				
4	Krystal Elliott	AB	37	3	BCK				
5	Hudson Hegarty	AB	37	3	BFY				

Event: 12 - 50m BBB Individual Heat Race: 14

Lane	Entry	Club	Entry Time	HCP		Unofficial Time	Official Time	Official Place	DQ
1	Zara Durkin	NB	36	0	BCK				
2	Connor Ward	COL	34	2	BFY				
3	Lucas Gamble	AB	34	2	BFY				
4	Makayla Pedersen	AB	33	3	BCK				
5	Phil Cartwright	NB	31	5	BFY				