

# WARRINGAH AMATEUR SWIMMING ASSOCIATION

## JENNY OATES MEMORIAL CHAMPIONSHIP LONG COURSE MEET

### 11 FEBRUARY 2023 AT WARRINGAH AQUATIC CENTRE

#### COSTS

**Individual Event Entry:** \$5.00 per event  
**Relay Event Entry:** \$10.00 per event

**WAC Swimmer Admission:** \$3.00  
**WAC Spectator Admission:** \$4.00

#### MEET CLOSING DATE FOR ENTRIES

9.00 pm on Tuesday 7 February 2023.

All entries must be submitted through WASA's Online Entry System (with an accompanying entry time) by club Race Secretaries.

**Late entries will not be accepted!**

#### MEDALS & RIBBONS

Medals shall be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters in each age group. Note: 6&U is one age group.

Ribbons shall be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getting teams in relays.

#### AGE & OPEN CHAMPIONS

Points will be awarded to swimmers in each 50m event they compete in, contributing towards the Age Champion Point Score for 6/U, 7, 8, 9, 10, 11, 12, 13, 14, 15-29 and 30/O.

Points will be awarded to swimmers in each open event they compete in, contributing towards the Open Champion Point Score.

#### RECORDS

WASA Records will be recognised by the award of a Record Certificate.

#### CONDITIONS OF ENTRY

**Age:** age is at the day of the meet.

**Point Score:** points will be awarded but not where a swimmer is disqualified or does not achieve the qualifying time in an event with a qualifying time.

**Qualifying time:** Where an event has a qualifying time, intending swimmers must have recorded a better time than the qualifying time to enter the event.

**Registration:** Swimmers must be registered members of a WASA affiliated swimming club.

**Relays:** A club may enter a maximum of two relay teams per event. A Relay Entry Form must be filled out and submitted to the Recording Desk **prior to event 12.**

**Rules:** This meet shall be conducted under the Rules of WASA, available on WASA's website.

#### MEET DIRECTOR

Reserves the right to vary the program. Enquires to Toby Williams: [williamsctoby@gmail.com](mailto:williamsctoby@gmail.com)

Warm-up: 4.00 PM				Start: 4.30 PM			
M	F	Age	Event	M	F	Age	Event
1	2	OPEN	200m Individual Medley QT: 3:25.00 (M) / 3:30.00 (F)	25	26	12&U	4x50m Freestyle Relay
3	4	16&O	50m Backstroke	27	28	OPEN	4x50m Freestyle Relay
5	6	13-15	50m Backstroke	29	30	7-9	50m Breaststroke
7	8	10-12	50m Backstroke	31	32	10-12	50m Breaststroke
9	10	6&U-9	50m Backstroke	33	34	13-15	50m Breaststroke
11	12	OPEN	100m Freestyle QT: 1:25.00 (M) / 1:30.00 (F)	35	36	16&O	50m Breaststroke
13	14	7-9	50m Butterfly	37	38	OPEN	100m Backstroke QT: 1:35.00 (M) / 1:40.00 (F)
15	16	10-12	50m Butterfly	39	40	6&U-9	50m Freestyle
17	18	13-15	50m Butterfly	41	42	10-12	50m Freestyle
19	20	16&O	50m Butterfly	43	44	13-15	50m Freestyle
21	22	OPEN	100m Breaststroke QT: 1:45.00 (M) / 1:50.00 (F)	45	46	16&O	50m Freestyle
23	24	10&U	4x50m Freestyle Relay	47	48	OPEN	100m Butterfly QT: 1:35.00 (M) / 1:40.00 (F)