

**WARRINGAH AMATEUR SWIMMING ASSOCIATION
2023 SPRING CARNIVAL
16 SEPTEMBER 2023 AT WARRINGAH AQUATIC CENTRE**

ADMISSION COSTS

Individual Event Entry: \$5.00 per event
Relay Event Entry: \$10.00 per event
WAC Swimmer Admission: \$3.00
WAC Spectator Admission: \$4.00

MEET CLOSING DATE FOR ENTRIES

9.00 pm on Tuesday 12 September 2023.
 All entries must be submitted through WASA's Online Entry System (with an accompanying entry time) by club Race Secretaries.

Late entries will not be accepted!

RECORDS

WASA Records cannot be broken at this meet.

CONDITIONS OF ENTRY

Age: age is at the day of the meet.
Registration: Swimmers must be registered members of a WASA affiliated swimming club.
Relays: A club may enter a maximum of two relay teams per event.

All relays at this meet will be mixed gender and must comprise at least one male and one female.

The 6&U-14 Freestyle Relay must contain two 10&U, two 11&U and two 14&U competitors who must swim in ascending age order.

Rules: This meet shall be conducted under the Rules of WASA, available on WASA's website.

MEET DIRECTOR

Reserves the right to vary the program. Enquires to Toby Williams: williamsctoby@gmail.com

Warm-up: 4.00 PM				Start: 4.30 PM			
M	F	Age	Event	M	F	Age	Event
1	2	14&U	100m Freestyle	18	19	8-10	50m Freestyle
3	4	6&U-7	25m Backstroke	20	21	11-14	50m Freestyle
5	6	8-10	50m Backstroke	22	23	6&U-7	25m Breaststroke
7	8	11-14	50m Backstroke	24	25	8-10	50m Breaststroke
9	10	6&U-7	25m Butterfly	26	27	11-14	50m Breaststroke
11	12	8-10	50m Butterfly	28		8&U	4x25m Freestyle Relay
13	14	11-14	50m Butterfly	29		10&U	4x50m Freestyle Relay
15		14&U	6x50m Freestyle Relay	30		12&U	4x50m Freestyle Relay
16	17	6&U-7	25m Freestyle	31		14&U	4x50m Freestyle Relay