



IT'S TIME FOR WASA'S

HANDICAP MEET



Saturday
24 January 2026

AT BILGOLA ROCK POOL

ARRIVE BY 8:45AM FOR
A 9.00AM START

\$2 PER INDIVIDUAL ENTRY
\$4 PER RELAY ENTRY

CONDITIONS OF ENTRY

Age: is at the day of the meet.

Disqualification: will occur if a swimmer's time is two seconds faster than their entry time.

Entry times: Must be submitted in whole seconds or minutes. Late entries will not be accepted!

Finals: Will be held for all individual events, with 1st and 2nd placegetters from each heat automatically proceeding to the Finals. Additional lanes in a Final may be filled by swimmers who are best placed and have swum 'best break times'.

Medals: Shall be awarded to 1st, 2nd and 3rd placegetters in individual events and **ribbons** shall be awarded to 1st, 2nd and 3rd placegetting teams in relay events.

Registration: Swimmers must be registered members of a WASA affiliated swimming club.

Relays: A club may enter a maximum of two relay teams per event. A 'Relay Entry Form' must be filled out and submitted to the Recording Desk prior to Event 4.

Rules: The Handicap Meet shall be conducted under the Rules of WASA.



Event Number	Event	Event Number	Event
1	15m Freestyle Heats (Bubble swimmers permitted)	8*	15m Back/Breast/Fly Heats
2	25m Freestyle Heats	9*	25m Back/Breast/Fly Heats
3	15m Freestyle Finals	10*	15m Back/Breast/Fly Finals
4	25m Freestyle Finals	11*	15m Back/Breast/Fly Finals
5	50m Freestyle Heats (Maximum entry time = 70 seconds)	12*	50m Back/Breast/Fly Heats (Maximum entry time = 70 seconds)
6	14&U 8x50m Club Relay	13	Open 8x50m Club Relay
7	50m Freestyle Finals	14*	50m Back/Breast/Fly Finals

* Remember, you may only swim **ONE** form stroke!

**THE ENTRY PORTAL WILL CLOSE AT 11:45PM
ON WEDNESDAY 21 JANUARY 2026**

ENTRIES MUST BE SUBMITTED THROUGH THE ONLINE ENTRY SYSTEM BY RACE SECRETARIES