# WARRINGAH AMATEUR SWIMMING ASSOCIATION JENNY OATES MEMORIAL CHAMPIONSHIP LONG COURSE MEET 24 FEBRUARY 2024 AT WARRINGAH AQUATIC CENTRE 

COSTS

| Individual Event Entry: | $\$ 5.00$ per event |
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| Relay Event Entry: | $\$ 10.00$ per event |

WAC Swimmer Admission: \$3.00
WAC Spectator Admission:\$4.00

## MEET CLOSING DATE FOR ENTRIES

9:00 pm on Wednesday 23 February 2024.
All entries must be submitted through WASA's Online Entry System (with an accompanying entry time) by club Race Secretaries.

Late entries will not be accepted!

## MEDALS \& RIBBONS

Medals shall be awarded to $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ place getters in each age group. Note: 6\&U is one age group.

Ribbons shall be awarded to $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ place getting teams in relays.

## AGE \& OPEN CHAMPIONS

Points will be awarded to swimmers in each 50 m event they compete in, contributing towards the Age Champion Point Score for 6/U, 7, 8, 9, 10, 11, 12, 13, 14, 15-29 and 30/O.

Points will be awarded to swimmers in each open event they compete in, contributing towards the Open Champion Point Score.

## RECORDS

WASA Records will be recognised by the award of a Record Certificate.

## CONDITIONS OF ENTRY

Age: age is at the day of the meet.
Point Score: points will be awarded but not where a swimmer is disqualified or does not achieve the qualifying time in an event with a qualifying time.

Qualifying time: Where an event has a qualifying time, intending swimmers must have recorded a better time than the qualifying time to enter the event.

Registration: Swimmers must be registered members of a WASA affiliated swimming club.

Relays: A club may enter a maximum of two relay teams per event. A Relay Entry Form must be filled out and submitted to the Recording Desk prior to event 12.

Rules: This meet shall be conducted under the Rules of WASA, available on WASA's website.

MEET DIRECTOR
Reserves the right to vary the program. Enquires to Toby Williams: williamsctoby@gmail.com

| Warm-up: 4:00 PM St |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | F | Age | Event | M | F | Age | Event |
| 1 | 2 | OPEN | 200m Individual Medley QT: 3:25.00 (M) / 3:30.00 (F) | 25 | 26 | 12\&U | 4x50m Freestyle Relay |
| 3 | 4 | 16\&O | 50m Backstroke | 27 | 28 | OPEN | 4x50m Freestyle Relay |
| 5 | 6 | 13-15 | 50m Backstroke | 29 | 30 | 7-9 | 50m Breaststroke |
| 7 | 8 | 10-12 | 50m Backstroke | 31 | 32 | 10-12 | 50m Breaststroke |
| 9 | 10 | 6\&U-9 | 50m Backstroke | 33 | 34 | 13-15 | 50m Breaststroke |
| 11 | 12 | OPEN | 100m Freestyle QT: 1:25.00 (M) / 1:30.00 (F) | 35 | 36 | 16\&O | 50m Breaststroke |
| 13 | 14 | 7-9 | 50m Butterfly | 37 | 38 | OPEN | 100m Backstroke QT: 1:35.00 (M) / 1:40.00 (F) |
| 15 | 16 | 10-12 | 50m Butterfly | 39 | 40 | 6\&U-9 | 50m Freestyle |
| 17 | 18 | 13-15 | 50 m Butterfly | 41 | 42 | 10-12 | 50m Freestyle |
| 19 | 20 | 16\&O | 50m Butterfly | 43 | 44 | 13-15 | 50m Freestyle |
| 21 | 22 | OPEN | 100 m Breaststroke QT: 1:45.00 (M) / 1:50.00 (F) | 45 | 46 | 16\&O | 50 m Freestyle |
| 23 | 24 | 10\&U | 4x50m Freestyle Relay | 47 | 48 | OPEN | 100m Butterfly QT: 1:35.00 (M) / 1:40.00 (F) |

